**Local Area Coordination in Bishopston and Pennard**

(Including Murton, Kittle, Southgate, Parkmill, Ilston and Lunnon)

Hello, my name is Seren Aldron and I am the Local Area Coordinator for your community. You may have seen me out and about in the past few months, or noticed posts and photos on social media, and wondered what my role actually is.

Swansea is the first Authority in Wales to have a Local Area Coordinator in every part of the county, which means everyone has access to a person who has a range of connections, information and skills that can benefit you, whilst you identify what your good life looks like.

**What does a Local Area Coordinator do?**

Our vision: *‘All people live in welcoming communities that provide friendship, mutual support, equity and opportunities for everyone.’*

A Local Area Coordinator walks alongside you and your community while you:

• Make new connections and friends

• Get involved in groups and activities

• Overcome personal challenges

• Get your voice heard by people in power and being involved in improving public services

• Make your contribution to your community

• Think about what your good life looks like

**How does it work?**

We will take time to get to know you, your family and your community. We will support you to:

-access information in a variety of ways

-be heard, be in control and make choices

-identify your personal strengths, goals and needs

-find practical ways of doing the things you want or need to do

-develop and use personal and local networks

-plan for the future

-be part of and contribute to your community

-access support and services if required

I work part time on Mondays, Tuesdays and a flexi half day. I am always happy to meet people and learn more about you and your community, so please do stop for a chat if you see me out and about!

**Contact Details**

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