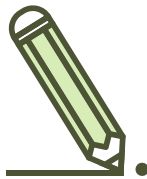


LIVE WELL WITH HEARING LOSS TIME FOR ME SERVICE

Would you like to enjoy a regular chat with someone?
Our 'Time For Me' service gives you the chance to talk
to one of our volunteers on a regular basis.
We offer a range of options:



One to one
conversation



Receive regular
letters



Regular
phone calls

FIND OUT MORE (NORTH WALES):  01492 530 013  info@signsightsound.org.uk

(SOUTH WALES):  0808 808 0123  livewell.cymru@rnid.org.uk  rnid.org.uk

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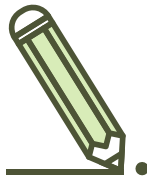
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BYW'N DDA Â CHOLLED CLYW GWASANAETH 'AMSER I MI'

A hoffech fwynhau sgwrs reolaidd â rhywun?
Mae ein gwasanaeth 'Amser I Mi' yn rhoi'r cyfle ichi siarad ag un
o'n gwirfoddolwyr yn rheolaidd. Cynigiwn ystod o opsiynau:



Sgwrs un i un



Derbyn llythyrau
rheolaidd



Galwadau ffôn
rheolaidd

CANFYDDWCH FWY O WYBODAETH:

(GOGLEDD CYMRU):



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